



## Health Policy

Students who become ill during the day alert the teacher in charge. If in class, the teacher will write a note in the student's diary and direct the student to visit the First Aid Officer. First Aid staff will assess the situation and if a student is not well enough to be in class, parents / guardians will be contacted and asked to collect them. If a doctor, dentist or hospital visit is required in case of a serious injury, parents/guardians will be notified immediately. In case of an emergency an ambulance will be called and parents will be contacted. The school provides ambulance cover for all students whilst at school. First Aid staff will inform class teacher of action taken.

### **Health Care Plans**

If a student has a medical condition requiring health support, the school requests the family to obtain a health care plan from the relevant treating health professional. An authorised health professional can be a general practitioner or medical specialist, dentist, ophthalmologist or an authorised nurse practitioner. (Naturopaths or homeopaths are not authorised health professionals).

Therapists can provide care plans for personal care eg a physiotherapist or speech pathologist. A Health Care Plan outlines recommendations for routine and emergency health care in the school for a specified period of time. It must be authorised by the treating health professional and signed and released by the parent.

A Health Support Plan is developed for those students requiring one. A Health Support Plan will encompass potential duties related to individualised first aid, supervision for safety, personal care and other issues relating to the health care of the child or student. It will also incorporate a process for monitoring and review. It will be agreed to and endorsed by the school, the parent or guardian and, where possible, the child or student.

### **Observation and other Logs**

Observation and other logs will be maintained to record first aid treatment and supervision of medication. The logs are located in the First Aid cupboard.

### **Access to Records**

Health Care Plans provided by health professionals via the family are confidential and therefore only accessed on a 'need-to-know' basis.

### **Medication Management**

The school will only store and supervise medication that has been prescribed by a doctor for the individual student for the period of time specified. The school will accept and agree to only supervise medication required during the period of supervision or care (for example, medication required three times a day is generally not required during a school day: it can be taken before and after school, and before bed).

The only medication supplied by the school is simple analgesia, such as Panadol. This is supplied at the discretion of and under the supervision of First Aid staff, provided a signed consent from the parents is on the student's medical record form.

Students requiring any other medication at school (eg antihistamines or decongestants) need to supply it in an envelope marked with their name, the name of the medication, dose to be given and expiry date of medication. It should be given to First Aid staff and the student can then access it when needed. Analgesics and medications which can be purchased over the counter without a prescription should also be prescribed by a doctor if staff members are to be asked to supervise their use. (Analgesics can mask signs and symptoms of serious illness or injury and should not, therefore, be used by school staff as a standard first aid strategy). However, students with asthma are encouraged, to carry their reliever puffers with them at all times. All students with asthma are encouraged to use preventative measures to control their asthma. Students identified as anaphylactic need to carry their own epipens. Please refer to the Anaphylaxis Policy for specific information.

Medications will be stored strictly in accordance with product instructions (paying particular note to temperature) and in the original container in which dispensed. Storage will be secure with clear labelling and access limited to the staff responsible for medication storage and supervision.

The school can request a medication authority be provided by the prescribing doctor to assist staff with safe supervision of medication. The only exception is where medication is included in a first aid kit for use in a standard first aid procedure (eg asthma first aid).



**Annesley Junior School**  
*Values Matter*

## ANAPHYLAXIS POLICY

### **Rationale**

The wellbeing of all its students, staff and community members is of prime concern and, accordingly, the school will take all reasonable practical steps to facilitate and maintain this. The school recognises that some students may have certain food-related allergies or allergies related to insect bites/stings and that, in some circumstances, the allergies can be of a life threatening nature. The foods most likely to cause allergic reactions are nuts, dairy products, eggs, soy, wheat, fish and shellfish. While most food allergies produce symptoms that cause physical reactions and discomfort, for some people allergic reactions are life threatening.

### **Policy and Procedures**

Annesley Junior School is a “no nut” school. The school will not knowingly supply food which contains peanuts or traces of nuts at any school function.

All families are asked to avoid including nut based products in their child’s lunches or food supplies. Families should remind their children of the need to carefully wash their hands when they have finished eating. Staff members are also reminded of the necessity to wash their hands after coming into contact with nut based food. Students are also discouraged from sharing the contents of their lunchboxes with other children.

In classes where one or more individuals has an anaphylaxis reaction, parents will be asked to refrain from supplying food products that are likely to initiate an anaphylaxis response.

Parents who have a child with a food allergy or an allergy to insect bites/stings are asked to advise and consult with the school to ensure that the school has all the necessary information for the management of the allergy, including a medical action plan. In the case of food allergies, the school will work with parents to minimise any risk of contact.

It is however recognised that, even with the best intent and with established policies and procedures, the School cannot always control what students, staff and community members do or bring onto the grounds. The school establishes policies and procedures and encourages the school community to actively support them. The school will, with parents’ help, strive to provide the best possible environment for its students and to act appropriately (in consultation with parents and health care professionals) should a situation arise.

The School has adopted the advice, guidelines and procedure recommended by the Allergy Service Department of the Women’s and Children’s Hospital, Adelaide and endorsed by the Association of Independent Schools of South Australia.

The School will provide training for relevant staff to manage anaphylaxis in those persons identified with the condition and to administer adrenaline using an EpiPen or similar device, in an emergency situation. Students identified as anaphylactic carry their own EpiPens and an EpiPen is also kept in the Junior School Reception area. In the event of an emergency a trained member of staff is able to administer the adrenalin. The EpiPens will be replaced every 12 months in accordance with the manufacturer’s recommendations.

This Policy will be reviewed every three years or sooner, as circumstances and the need arises.