



Annesley Junior School

Gather & Graze

2019 Lunch Menu

Name: _____

Date: _____

Class: _____

Total \$: _____

	Item	Dietaries	Price	Your Order:
<i>Drinks</i>	200ml Golden Circle Fruit Box		\$2.00	
	Please select: Orange / Apple			
<i>Snacks</i>	Raisin Toast w/ butter		\$2.00	
	Banana Bread		\$3.50	
	Greek Yogurt w/ seasonal fruit	GF	\$3.50	
	Coconut Yogurt w/ muesli	DF, GF, VGN	\$5.00	
	Vegetable Sticks (carrot/ cucumber)	V, GF	\$3.00	
	Fruit Muffin		\$3.00	
	Seasonal Fruit Cup	GF	\$3.50	
<i>Croissants</i>	Cheese	V	\$3.00	
	Ham & Cheese		\$4.50	
	Cheese & Tomato	V	\$3.50	
	Butter & Jam	V	\$3.00	
<i>Sandwich, Wraps & Rolls</i>	Please select: Wholemeal / White		S/W or Mini Roll	Wrap or Roll
	Chicken		\$4.00	\$5.00
	Tuna		\$4.00	\$5.00
	Ham		\$4.00	\$5.00
	Vegemite & Butter	V	\$3.00	Roll - \$4.00
	Cheese	V	\$3.00	\$4.00
	Butter	V	\$2.00	\$3.00
Select 2 salad fillings: lettuce / tomato / carrot / cucumber				
<i>Salads</i>	<i>all with olive oil & balsamic dressing</i>			
	Garden w/ lettuce, tomato, carrot, cucumber, cheese	V, GF	\$5.00	
	Ham w/ lettuce, cucumber, carrot	GF	\$6.00	
	Chicken w/ lettuce, cucumber, tomato	GF	\$6.00	
<i>Sushi Rolls</i>	Please select from:	All GF	Small \$3	Large \$4
	Chicken & Cucumber			
	Avocado & Cucumber			
	Tuna			
<i>Hot</i>	Pasta Bolognese or Nap Sauce	V Option	\$7.50	
	Pumpkin Soup	V, GF	\$5.00	
<i>Packs</i>	1 x Roll or Salad / 1 x Fruit / 1 x Fruit Box		\$8.00	
	Select from above list 1 x Ham & Cheese Croissant / 1 x Fruit / 1 x Fruit Box		\$6.50	

All menu items are nut-free,
 V = Vego, GF = Gluten-Free, DF = Dairy-Free